

Chick-uamegon



www.chick-uamegon.com

Sponsored by the Ashland Area Chamber of Commerce Chamber Girls!

2023 Chick-uamegon Women's 5k & 1-mile Walk/Run November 4, 2023 10am In beautiful Ashland, Wisconsin On Chequamegon Bay

Girl's time!! Let's have some FUN!

This year's race will be truly a FUN RUN!

Prizes will be given away to: 3 places for Blingest or Best Costume (\$50/\$25/\$25 in Chamber Dollars); Best Dressed Volunteer (\$20); 3 random drawings (each \$20 in Chamber Dollars)

Registration Fees: *children under 5 FREE w/paid adult however they still need to register (paper only)*

Race Fees: 5K \$15 + .82 tax = \$15.82 until October 31. November 1-3: \$20 + 1.20 = \$21.20. Race day \$25 + 1.37 = \$26.37 (shirt not included)
1-mile -\$10 + .55 = \$10.55 until October 31. November 1-3 \$15 + .82 = \$15.82 Race Day \$20 + 1.20 = \$21.20. (shirt not included)

Packet pick-up and late registration:

Friday, November 3, 9am to 5pm at the Ashland Chamber Office, 1716 West Lake Shore Dr., for all 3 races.

Saturday, November 4 at the Railyard Concession Area behind the Bretting Center, 400 4th Ave West. Ashland 8:30 -9:30am

Race Course and time: Start line is located behind the Bretting Community Center in the Central Railyard Park. **Start time is at 10am**

For safety purposes:

Everyone participating must be a paid participant of the race wearing an official bib or they will be directed to leave the course. NO animals, roller skates, roller skis, inline skates or bikes are allowed to participate in the Bay Days Fun Run. For your own safety and for those around you, these are NOT allowed. If you are caught on the course with any of these, you will be directed off the route.

In 2023 we are testing the waters and allowing Strollers & Carriages to participate in the Chick-uamegon, we just ask that the folks with strollers line up in the back and don't take up the whole trail. The chick-uamegon is an out and back course.

Persons under 18 years of age must have a parent's signed consent.

Chick-uamegon 5K & 10k Run Registration Form

5K _____ 1-mile _____

Name _____

How many Chicks have you run? _____

Telephone _____

Street _____ City _____ State/Zip _____

Age _____ Date of Birth _____

Email Address _____

Athlete's Release:

Warning: Participating in the Chick-uamegon Run/Walk can be a serious threat to the health of individuals who are not in excellent physical condition. For, and in consideration of, my participation in the Chick-uamegon 5K/1-mile — I myself, my executors, administration, heirs, and assignees do hereby release and discharge, Ashland County, the City of Ashland, School District of Ashland, Ashland Chamber of Commerce and all sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally, and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses of whatever kind and nature including, but not limited to, attorney fees which at any time may be incurred by reason of my participation in or my preparation for any of the aforesaid events. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in Chick-uamegon I require medical attention, I hereby give my consent to authorized medical personnel of Chick-uamegon to provide such medical care as it is deemed necessary by such authorized personnel. The undersigned grants full permission to any and all foregoing use to his/her likeness, including photographs and videotape for publicity and advertising purposes without compensation.

Signature: _____

Questions?? call 715-682-2500

Parent's Signature (if applicable): _____

No refunds or transfers of entries •

Make checks payable Chick-uamegon

Mail to Chick-uamegon P O Box 746, Ashland, WI 54806

5K & 1-mile \$ _____
Total \$ _____