

Open to kids ages 5-11 years  
Ages 5-7

- 25-yard swim
- 1-mile bike
- 1/4-mile run

Ages 8-9

- 50-yard swim
- 2-mile bike
- 1/2-mile run

Ages 10-11

- 50-yard swim
- 2-mile bike
- 3/4-mile run

No Race Day Registrations



**Sunday, July 20th 12:30pm**  
**Ashland Bay Days Festival ~ Bayview Park**  
**US Highway 2 ~Ashland WI 800-284-9484**  
**www.cheqbaysprint.com**

Sponsored by:



Detailed race information  
 can be found on  
[www.cheqbaysprint.com](http://www.cheqbaysprint.com)

The Little Minnow Triathlon! Open to kids ages 5-11 years old.

- **Packet pick-up and registration:** Friday, July 18th, 4pm—8pm; Saturday, July 19th, 9am—8pm
- **Late Packet Pick-up—No race day registration—**Sunday, July 20, 11am—12pm at the Bay Days headquarters tent, Bayview Park US Highway 2. Race begins 12:30pm, rain or shine.
- **Race Fee:** \$18 until July 11th and \$23 after July 11th until July 19th  
*Take \$2 off per participant if 3 or more kids from one family register for the kids triathlon. "Kids equal dependent children of the parents signing the waiver." No discount on Race Day.*
- **Everyone receives a cute swim cap!!**
- **Everyone Receives a Medal!!!**
- **Everyone Receives a Shirt!!!**
- **Awards Ceremony:** Awards will be presented to 1st & 2nd Place winners both male and female in each age category after ALL participants have finished.
- **Finish Line food available & water stations on the course.**

Medals sponsored by



**Little Minnow Kids' Triathlon Registration Form**  
**One registration form per registrant**  
 Sunday, July 20, 2014 12:30pm

Racer Name \_\_\_\_\_ Telephone \_\_\_\_\_  
 Street \_\_\_\_\_ City \_\_\_\_\_ State/Zip \_\_\_\_\_  
 Male \_\_\_\_\_ Female \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Kids Shirt Size (S,M L,XL), \_\_\_\_\_ (unisex sizing)  
 Email address \_\_\_\_\_

Please read and fill out the information below. This is very important and your child can't compete without this waiver.

**Waiver & Release from Liability**

Warning: Participating in the Little Minnow Triathlon can be a serious threat to health of individuals who are not in excellent physical condition. For, and in consideration of, my child's participation in the Little Minnow Sprint Triathlon, I, my child, my executors, administration, heirs, and assignees do hereby release and discharge Ashland County, the City of Ashland, Ashland Chamber of Commerce and all sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses of whatever kind and nature including, but not limited to, attorney fees which at any time may be incurred by reason of my participation in or my preparation for any of the aforesaid events. I attest and verify that I have full knowledge of the risks involved to my child in this event and that he/she physically fit and sufficiently trained to participate. If however, as a result of my child's participation in the Little Minnow Triathlon they require medical attention, I hereby give my consent to authorized medical personnel of Little Minnow Triathlon to provide such medical care as is deemed necessary by such authorized personnel. The undersigned grant full permission to any and all of the foregoing use of his/her likeness, including photographs and videotape for publicity and advertising purposes without compensation.

Parent or Legal Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**No refunds or transfers of entries • Make checks payable to Little Minnow Triathlon**  
**Mail to P.O. Box 746—Ashland, WI 54806**