

2019 Chick-uamegon Women's 5k/10k & 1-mile Walk/Run November 2, 2019 In beautiful Ashland, Wisconsin On Chequamegon Bay 10am

www.chick-uamegon.com

Sponsored by the Ashland Area Chamber of Commerce Chamber Girls!

Spend the whole day at the Garland City Women's Expo & Craft Show at the Bretting Community Center Presentations, Retail Vendors, Food, and Fun!

Girl's time!! 4
Let's have some FUN

This event will not be

professionally timed.

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Regist	tration	rees:

Race Fees: 1-mile/5K/10K \$10 until September 24. \$15 September 25 -November 1. Race day \$20.

Girls 10 and under \$5.00

SHIRT: Fun SHIRT is available for pre-order for an additional \$15.00 and girl's shirts for an

additional \$10.00. Don't miss out! Order now!

Packet pick-up and late registration:

Friday, November 1, 12noon to 5pm at the Ashland Chamber Office, 1716 West Lake Shore Dr., for both races. Saturday, November 2, inside the Bretting Community Center game room, 400 4th Ave West. Ashland 8:30am –9:30am

Race Course and time: Start line is located behind the Bay Area Civic Center in the Central Railyard Park. Start time is at 10am

For insurance purposes:

Everyone participating must be a paid participant of the race wearing an official bib or they will be directed to leave the course. NO animals, roller skates, roller skis, inline skates, bikes or carriages of any kind allowed to participate in the Chick-uamegon. For your own safety and for those around you, these are NOT allowed. If you are caught on course with any of these, you will be directed off the route.

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ASHLAND Chick-uamegon 5K & 10k Run Registration Form 5K10K1-mileShirt visitashland.com WISCONSIN Chick-uamegon 5K & 10k Run Registration Form 5K10K1-mileShirt Total Enclosed \$(Add \$15.00 for shirt or \$10.00 for a kids shirt)	
How many Chicks have you run?	
NameTelephone	
Street City State/Zip	
Name	
Athlete's Release: Warning: Participating in the Chick-uamegon Run/Walk can be a serious threat to the health of individuals who are not in excellent physical condition. For, and in consideration of, my participation in the Chick-uamegon 5K/10K/1-mile — I myself, my executors, administration, heirs, an assignees do hereby release and discharge, Ashland County, the City of Ashland, School District of Ashland, Ashland Chamber of Commerce an sponsors, agencies, subsidiaries, affiliates and beneficiaries jointly and severally, and hold and waive harmless from and against any and all actions, claims, injuries, demands, liabilities, loss damage or expenses of whatever kind and nature including, but not limited to, attorney fees which at any to may be incurred by reason of my participation in or my preparation for any of the aforesaid events. I attest and verify that I have full knowledge of risks involved in this event and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in Chick-uame require medical attention, I hereby give my consent to authorized medical personnel of Chick-uamegon to provide such medical care as it is deemed necessary by such authorized personnel. The undersigned grants full permission to any and all foregoing use to his/her likeness, including photogra and videotape for publicity and advertising purposes without compensation.	time the gon I
Signature: Questions?? call 715-682-250	<u>0</u>
Parent's Signature (if applicable):	

No refunds or transfers of entries •

Make checks payable Chick-uamegon

Mail to Chick-uamegon P O Box 746, Ashland, WI 54806

5K/10K & 1-mile \$_____(Shirt \$15/) Shirt \$_____(Kids sizes \$10) Total \$_____